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Monday 26th April 2021

Dear Parents

Wellbeing Month Skipping Workshops – 12th May 2021

To complete our special month of well-being activities, I am pleased to confirm you that we have invited Skipping Workshops Ltd to hold an all day skipping workshop with us.

“Skipping Workshops” have presented demonstrations in schools over the past 20 years throughout the UK, as well as in Europe and Ireland. They have represented the UK in international skipping events, and have appeared several times on TV, including on Blue Peter, helping to teach Mr Bean to skip, BBC TV news and SMTV Live. Their aim is to encourage children and adults to skip for health, fun and fitness.

The team coach will work with groups of children throughout the day, introducing a variety of skipping skills, catering for all children from complete beginners to advance skippers.

The cost per child for the workshop (*including a small charge for the month long bought in wellbeing activities and videos we have used*) is £3.00 via Parent Pay. (This is a voluntary contribution but without enough contributions we may have to cancel.) Please pay by Friday 7th May.

The gymnastic speed ropes the children will be using during the day will be on sale for a cost of £4.00 each. For parents who are interested in skipping with their children at home, or who simply want some useful exercise themselves, special adult ropes are available at a cost of £5.50 each.

If you would like to purchase a skipping rope for either yourself or your child, please send in the correct money in a named envelope on the day.

Yours sincerely

Sarah Bassitt
Headteacher