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Dear Parents

School Lunches for Reception Children, September 2019

You may be aware that all primary schools in England now offer free school meals to children in Reception, Year 1 and Year 2 (A cash alternative is not available to those pupils not taking a school lunch).

School meals are healthy, tasty, social and fun and **choosing a school meal will help you save up to £400 a year, if you take up the offer.**

Here at Killinghall Primary School our Cook, Joe, prepares fresh, delicious and nutritionally balanced two course meals for the children every day. She is able to accommodate special dietary requirements, such as egg, dairy or gluten free. When children watch their friends and other pupils eating a school lunch, we have found they are much more likely to try different kinds of food.

We operate a choice menu, where children and parents choice from a choice of hot meal, sandwich grab bag or jacket potato, on a three week rolling menu. There is also a choice of pudding, yoghurt or fruit each day. The menu is chosen in advance for the following term. The Autumn menu will be provided to you as soon as it has been set by North Yorkshire County Caterers.

We also run 'Fun Friday Lunches', where our packed lunch children can choose to have a school meal each Friday. Throughout the year we also offer special themed lunches, for example around Harvest, Bonfire Night, Christmas Lunch, Easter and Teddy Bears Picnic.

Children can still bring a packed lunch, but we strongly encourage you to try our school lunches, which meet the government requirements for School Food Standards and offer your child a varied, nutritious and balanced diet – plus save you time and money.

Further information on school meals will follow. If you have any queries in the meantime, please don't hesitate to get in touch.

Yours sincerely,

Mrs Helen Potter
Office Manager