



Rationing

1. When did food rationing begin and why?
2. What was a ration book?
3. What was the Minister of Food's job?
4. What do you think was likely to be in Woolton Pie?
5. How were people encouraged to help during food shortages?
6. Where might people eat out during the war?
7. What other items were rationed during the war?
8. Explain what you think might be meant by the term 'make do and mend'.



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2. How and why did ration books vary?
3. Who was Lord Woolton and did people like him? Why/why not?
4. What do you think was likely to be in Woolton Pie?
5. Why do you think people were healthier during the war?
6. How were people encouraged to help during food shortages?
7. Explain what other items were rationed during the war and why you think this was the case.
8. Explain what you think is meant by the term 'make do and mend'.
9. Why do you think children got extra clothing coupons?
10. Why did rationing continue after the war?



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