

# Killinghall CofE Primary's Active Journey



EYFS children develop their fundamental movement skills and object control within structured PE sessions, structured outdoor time and time in class

The Journey Starts



**Early Years**

All children to achieve a GLD by end of Reception

**Key Stage 1**

**Year 1**

**Year 2**

## Interventions to support in KS1

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)



**Competition**  
Children will be introduced to competition – Intra / Inter Sportsday / Panathlon / School Games

## The Body



Children will start to learn about their bodies

## Fundamental Movement Skills

These skills are taught from EYFS to KS2. The skills are progressively planned. Children are taught these skills to be physically active not just skilled in a sport.

## Swimming



Children will learn to swim in Years 1 & 2 and continues through 3&4 then to 5&6

## Dance



Children will start to explore different cultures through Dance



## Competition Increases

Children will have opportunity for more sports and quality of competition increases to include county / regional finals



## Health & Hygiene

Children will learn about the importance of hygiene, healthy eating, sleep & Well-being



**Year 4**

**Year 3**

**Key Stage 2**

## External PE

Children have access to an external provider as well as a taught session from their class teacher.

## Swimming



All pupils will be able to swim 25 m Interventions to support those who cannot

## Intervention & Monitoring

KS1 & KS2 club participation is monitored to make sure all children are taking up an opportunity to be active.

## OAA



Pupils in KS2 will have the opportunity to visit different environments for OAA including residential



## Leadership

Children will have opportunity for Sports Leadership

**Year 5**

**Year 6**

**FINISH**



## Sports Specific Skills

Children will learn specific sports skills within lessons applying them in different scenarios and related sports



## Strategies, Tactics, Rules, Roles

Children will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)



## The Aim for End of KS2

Children will leave Killinghall with a love of PE, physical activity & sport. They will have transferable life and sport skills to use in their Physical Education and build on these in KS3 and further.